

BEGINNING POLE VAULT CLINIC

A Learn-By-Doing Event for Coaches & Athletes

Date: January 10, 2026

Location: Dublin High School

Time: 10:00 AM – 1:00 PM

Who Should Attend: Parents, coaches, and brand-new athletes learning fundamentals.

What You'll Learn: Pole carry, plant mechanics, running technique, take-off, sand vaulting, and optional pit vaulting based on readiness.

Cost: \$40 per person. Limited to 60 participants (30 coaches + 30 athletes).

Proceeds: 20% to Dublin High Track. Remaining funds to coaching staff. Lead coordinator volunteers time.

Register Here:

<https://runsignup.com/Race/CA/Dublin/BeginningLearnByDoingPoleVaultClinicForCoachesAthletes>

Scan to Register:

