



# NorCal Striders



## YOUTH Cross Country Meet

Sunday, October 12<sup>th</sup>, 2025

**At West Valley High School**

3805 Happy Valley Rd  
Cottonwood (Redding area), CA 96022

**USATF Pacific Association Grand Prix Meet**

**Registration** on Athletic.net through Friday, Oct. 10<sup>th</sup>

**Same day registration** at the West Valley High School track in front of the  
Grandstands from 8:00 - 9:00 am

Course Walk - 9:00 am

First Race - 10 am/ Races will be on a rolling start schedule.

<u>Age Division</u>	<u>Distance</u>	<u>Year of Birth</u>
8 & Under	2K (1.25 mi.)	2017+
9 - 10	3K (1.87 mi.)	2015 – 2016
11 - 12	3K (1.87 mi.)	2013 – 2014
13 – 14 **	4K (2.50 mi.)	2011 – 2012
15 - 16 **	4K (2.50 mi.)	2009 – 2010
17 - 18 **	4K (2.50 mi.)	2007 – 2008

\*\* Age groups 13-14, 15-16 & 17-18 will race together. \*\*

**Awards to the Top Five Finishers in each age division for boys & girls.**

**Entry Fee: \$10 (Cash or Money Order - No personal checks)**

Race info: Kathy Steiner 530-356-9777 (text) or email [NorCalStriders@outlook.com](mailto:NorCalStriders@outlook.com).