



## USATF RULES COMMITTEE SCORECARD and AMENDMENTS

Extracted from Committee Actions as FINAL REPORT of 12/5/14

**Final Action:** **A**=Approved as Submitted (47) **AA**=Approved as Amended (11) **T**=Tabled (14)  
**R**=Rejected (16) **W**=Withdrawn (14) Highlighted items are important points.

((~~Double parenthesis~~)) indicates removal. Underline indicates addition. Renumbering of rule number is automatic as appropriate. Highlighted material is the generally the important change.

### **A Item 1 – Tabled 2013 Item 18 – Amend Rule 142.3 as follows:**

In scored competitions, ~~((any athlete declared to compete must honestly participate in each round (trial, heat, or final, etc.) of each track event for which the athlete is declared or the athlete will be barred from further competition in that meet.))~~ except as provided below, an athlete shall be excluded from participation in all further events, including other events in which participation is occurring simultaneously, in the competition where:  
(a) A final confirmation was given that the athlete would start in an event but then failed to participate;

**NOTE:** A fixed time for the final confirmation of participation shall be published in advance.

(b) An athlete qualified in a preliminary round of an event for further participation in that event but then failed to participate further;

(c) An athlete failed to compete honestly, with bona fide effort. The relevant Referee will decide on this and a corresponding reference made in the official results.

**NOTE:** The situation foreseen in (c) shall not apply to the individual events of a Combined Event.

(d) Passing in a field event is an allowable action by the athlete and does not constitute failure to participate.

This rule shall not apply to track events in which only a final is held, but an athlete may be barred from such an event if previously he or she has not honestly participated in a track event within the purview of this rule.

**NOTE:** *For Youth Athletics exception, see Rule 302.2(g).*

**A Item 2 – Tabled 2013 Item 24 – Add Rule 144.3(j) as follows:**

Viewing by athletes competing in field events, of images of previous trial(s), recorded on their behalf by persons not placed in the competition area. See Rule 144.3(b). The viewing device or images taken from it shall not be taken into the competition area.

**AA Item 4 – Tabled 2013 Item 42 – Amend the submission for 165.1 to read:**

Four methods of timing are official, hand timing, fully automatic timing, video timing, and transponder timing as set forth in this Rule. A timing device that operates automatically at either the start or finish, but not at both, shall be considered to produce ((neither)) hand time. ~~((s nor fully automatic times and should not be used to obtain official times.))~~

**A Item 9 – Amend Rule 7.9(b) as follows:**

Ties between two or more teams shall be resolved ~~((by determining which team wins the most one-on-one match-ups among their five scoring members, comparing first to first, second to second, and so on through the final scoring place))~~ in favor of the team whose last scoring member finishes nearer to first place.

**Reason:** *The current tie breaker does not work in all instances. There are some Long Distance Running, Cross Country and Race Walking Championships that allow for teams composed of less than five scoring members. (i.e., three or four) This change would create a tie breaking procedure that falls in line with current IAAF procedure, uses the IAAF wording and will work in all instances.*

**AA Item 28 – Amend the submission to read:**

The setting of a competitor's starting blocks other than from an individual designated by the starter.

**A Item 30** – Amend Rule 146.2(a) as follows:

For Men's and Women's Long Distance Running, the time period shall normally be 24 hours, except for the Professional Section of road races, as defined in the race material (website, entry form, etc.), where the time period shall be ((one hour)) 30 minutes.

**A Item 32** –Amend Rule 146.9 as follows:

... For cross country, Masters Long Distance Running Championships and the Professional Section of road races the time shall be 30 minutes.  
...

**A Item 33** –Insert New Rule 158 as follows:

**Correctable Error**

Within 72 hours after the last event of a competition, or before a subsequent round, be corrected by the Games Committee if administrative error is detected, such as incorrect calculation of combined-event scores, placing or other errors based on clear and irrefutable factual evidence. results can

**NOTE:** See Rule 146.2(c) for LDR exception.

**A Item 37** – Amend Rule 162.12 as follows:

**NOTE 3:** *When an IAAF approved false start control apparatus is in operation, the evidence from this equipment, coupled with any resulting loss of contact (see Note 1), shall normally be accepted as conclusive by the Starter. See Rule 161.4.*

**AA Item 41** – Amend the submission to: Add a note to Rule 163.4

NOTE: Some factors to be considered when determining a disqualification include safety, equitable competition, severity of the infraction and resulting consequence.

**AA Item 45 -**

- . Insert New Rule 165.16 as follows:

In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to determine times and places based "net times", "gun times" or a combination of both to determine placing and awards provided that:

- (a) The basis for determining times and places and awarding prizes and trophies is clearly stated in the entry materials and any listings of prizes and trophies to be awarded.
- (b) To determine "net time" and place:
  - i. A net time for each competitor is calculated as the difference between the raw (un-rounded) times recorded by transponder timing systems at the start and finish.
  - ii. The official places of the competitors are determined by ranking them by net time. If two or more athletes have the same net time, they are tied.
  - iii. The official times are determined by rounding up the net times to the next full second. See Rule 165.11(c).
  - iv. In the event that no start and/or finish time is recorded for one or more competitors, the Referee shall determine the official places and times for the competitors affected based on all available evidence.
- (c) In the event a record is claimed, the "gun time" (the time from the flash/smoke of the pistol or approved apparatus to the transponder timing at the finish) shall be submitted, except in the case of Masters records. See Rule 265.8.

**AA Item 49 – Insert Rule 302.5k as follows:**

In order to stage a Youth Athletics pole vault competition, a pole vault box collar pad complying with ASTM F2949-12 shall be used. Add a note to 181.18 for youth provision.

**A item 54** –Amend Rule 187.7(b)

(b) In the **Javelin Throw**, the measurement of each throw shall be **made from where ((the tip of)) the metal head** first struck the ground to the inside edge of the arc along a line from the point of the fall to the center of the circle of which the arc is a part.

Amend Rule 191.5

**Hammer Head** - ... It must be **spherical in shape ((and smooth))**.

**A Item 58** – Amend Rule 232.5(a) as follows:

In **RW Road Championships**, the circuit for **events of 10km and longer shall be a maximum of ((2500m)) 2000m**. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit should be shorter than 1000m.

**A Item 67** –Insert New 253.3 as follows: **Mountain Racing**

**Water and other suitable refreshments shall be available at the start and finish of all races. Additional drinking / sponging stations may be provided at suitable places along the course, if the length and difficulty of the race and the weather conditions warrant such provision.**

**AA Item 68** – Amend the Submission: New Rule 254 as follows:

**TRAIL RACING**

1. Trail Races take place on terrain that is mainly off-road.
2. The entire course shall be clearly marked.
3. Natural obstacles or challenging points along the course should be additionally marked.
4. A detailed course map shall be provided along with a profile using stated scales for both altitude and distance.
5. Water and other suitable refreshments shall be available at the start and finish of all races. Additional drinking / sponging stations may be provided at suitable places along the course, if the length and difficulty of the race and the weather conditions warrant such provision.

**A Item 72** –Amend Rule 262.6 as follows:

No performance shall be recognized as a record if it has been accomplished in or during a mixed competition of men and women, except as provided in Rule 147 and in track events longer than 10,000 meters or in road races.

**NOTE:** *For Masters exception, see Rule 320.8.*

**A Item 88** –Amend Rule 302.5(o) for Youth as follows:

When a High Jump or Pole Vault competitor is excused to participate in a running event, a reasonable time limit shall be established by the Games Committee or delegated to the affected Field Event Judge. ~~((No time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge may allow attempts to be taken in succession before a competitor is excused, and make-up attempts may be taken in succession and out of order upon legally returning to the event. In the High Jump and Pole Vault, if))~~ If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.

**A Item 89** –Insert New Rule 302.5(p) as follows:

When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on competitors excused from throwing or horizontal jumping events, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts. In both the preliminaries and the finals, the head event judge

may allow attempts to be taken in succession before a competitor is excused, and make-up attempts may be taken in succession and out of order upon legally returning to the event.

**AA Item 92** – Amend the submission to read: **New Table for Youth heats** in Rule 303

**A Item 93** – Add New Rule 303.6 as follows:

**National Youth Indoor Championship** - For all running events from 55m through 400m, there will only be two rounds of competition. The eight fastest times shall advance from the first round to the final in all 15-16 and 17-18 age divisions.

**A Item 94** – Amend Rule 304.5 as follows:

**Scoring** – A team shall be comprised of from five to a maximum of eight members. Team scoring shall be by place, in accordance with Rule 7.

**Team scoring in Cross Country is divided into five divisions** for boys and five divisions for girls. The athlete's year of birth shall determine the division in which the athlete shall compete. With each succeeding year each division shall be adjusted as shown in the table below:

**Cross Country Team Scoring Divisions**

<u>Division</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>
<u>8 and Under</u>	<u>2007+</u>	<u>2008+</u>	<u>2009+</u>
<u>9 – 10</u>	<u>2005-2006</u>	<u>2006-2007</u>	<u>2007-2008</u>
<u>11 – 12</u>	<u>2003-2004</u>	<u>2004-2005</u>	<u>2005-2006</u>
<u>13 – 14</u>	<u>2001-2002</u>	<u>2002-2003</u>	<u>2003-2004</u>
<u>15 – 18</u>	<u>1997-2000</u>	<u>1998-2001</u>	<u>1999-20002</u>

**A Item 95** – Amend Rule 341.1 as follows:

Team scoring for cross country shall be as follows:

- (a) M40+ and M50+ ~~((and M60+))~~ five (5) individuals shall score with a maximum of nine (9) individuals declared per team
- (b) ~~((M70+))~~ M60+ and above, and all women's teams three (3) individuals shall score with a maximum of five (5) individuals declared per team.

Reason: *Two years ago we raised the required number of scorers in Masters Cross Country Championships from three to five for the M60+ division. The rationale then was that due to increased*

**AA Item 97** – Amend the submission for 191.9 to read (~~remove specification for loop size~~)

The ~~hammer~~ shall conform to the following specifications: (i.e. remove the Loop size specification)

**A Item 99** – Amend Rule 195.5(b) as follows: **Weight**

The handle for the all metal head weight shall have sides that do not exceed 190 mm or smaller than 100 mm inside measurement. A handle with no permanent connection point shall ~~((have two sides of equal length and the third side of less than or equal length. See Figure 15))~~ be constructed in such a manner that regardless of how the handle is turned the length of the implement does not exceed the specified maximum length of the implement.





Extracted from the Approved Items for the 2015 NCAA Rules Book  
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<https://my.usatfofficials.com/resources/view/2015-ncaa-rule-changes> for full listing

In all proposals, text within double parenthesis (( )) is to be deleted. Underlined text is to be added. Dashed underlined text is moved from a currently existing rule.

Item 8 – Amend Rule 2-10.3 **for hammer** as follows:

... The handle may have a curved or straight grip **((with a maximum inside perimeter length of 110 millimeters))**.

Reason: Conform to the new IAAF specifications. Overall length is the only length requirement. Remove Figure 18b.

Item 12 – Amend Rule 3-4.3 as follows:

The referee's decisions in all matters shall be final and without appeal, except in those meets in which **((a games committee or))** an appointed jury of appeal has been established for that specific purpose. The **((games committee or))** jury of appeal then will have the final authority.

Reason: The games committee is the administrator of the competition and has the responsibility to appoint a jury of appeal if one is so desired, but the games committee is not by default the administrator as well as the jury.

Item 13 – Amend Rule 3-4 as follows:

#### **Referee's Primary Role**

ARTICLE 1. The primary responsibility of a referee shall be to render a ruling on all rules violations reported by meet officials or protests filed by coaches of competing teams once the competition starts until the protest period of the competition has ended. The referee(s) shall be knowledgeable and qualified to interpret the NCAA track and field rules and the NCAA cross country rules. **((The referee shall be above all other officials, ensuring fair and safe competition for all competitors and**

disqualifying those whose acts violate the rules of fair and safe competition. The referee shall not serve as any other official or as a member of the games committee.))

#### Duties

ARTICLE 2. ((The powers and duties of the referee(s) shall be)) The referee(s) shall:

- a. After consulting with the appropriate officials, to take such actions and make such decisions, including those for which the rules make no specific provision, that provide each contestant a fair and equal opportunity;
- ((b. To have the authority to act upon apparent violations of the conduct rules, see Rules Organization, that are observed in meets in which a jury of appeal has been established;))
- b. ensure fair and safe competition for all competitors and disqualifying those whose acts violate the rules of fair and safe competition;
- c. not serve as any other official or as a member of the jury of appeals or games committee;
- ((c)) d. To decide all questions for which the rules make no provisions;
- ((d)) e. To have sole power to warn and/or disqualify competitors as provided by these rules or upon report from the head umpire and head judges of field events, except as provided in Rule 3-7.1.

Warnings shall be indicated to the competitor verbally and by showing a yellow card. A second violation generally constitutes a disqualification, which shall be indicated by the referee to the athlete verbally and by showing a red card. If, in the opinion of the referee, the violation is severe, disqualification will occur without warning. The referee shall disqualify competitors for violation of the failure-to-participate rule. Warnings and disqualifications shall be noted in writing by the referee(s) on appropriate meet results and shall identify the rule that applies;

f. Only make a ruling on rules violations reported to them by a competition official or for which a protest is filed in regard to a ruling by a competition official

g To decide place winners in track events and placing in cross country when the judges of the finish cannot reach a decision and when official films of the finish are available;

h. In the event of record track performances, the running referee shall verify the results of the place and time and shall check all related conditions;

i. In the event of record field-event performances, the throwing or jumping referee, and three field judges, shall verify all measurements and all related conditions;

- h. To confer with all head officials before the competition to ensure that all are aware of their responsibilities;
- i. To make certain that field events begin when scheduled, are properly organized and continue without delays; and
- j. To determine just and proper remedy for continued violation of all uniform, number, shoe and logo rules.))

Reason: Duties not related to making rulings on possible violations should be handled by other meet personnel, so that the referee(s) can focus on the task of ensuring a fair competition. The referee(s) should not be responsible for overseeing events, but rather interpreting rules and making informed rulings on perceived violations and protests. If a jury of appeal does exist, they should be the only authority to over-rule a referee's decision. The referee(s) should not be allowed to scrutinize actions that have not been witnessed by an official or for which a protest has been filed, therefore preventing some actions from being more heavily scrutinized than others.

Item 16 – Amend Rule 3-19 as follows: Medical

ARTICLE 3. Should the decision be made to withdraw from or abandon an event, the competitor shall be scratched from any subsequent event(s) in the meet. ((unless that competitor is medically approved to continue participation by the medical doctor/certified trainer and the referee determines that continued participation is allowable.)) However, a subsequent examination and resulting recommendation by the appointed/approved medical doctor/certified trainer of the competition shall be considered by the referee to determine if continued participation is allowable.

Item 18 – Amend Rule 4-2.1 as follows: Responsibility of Competitor

... Competitors who conduct themselves in an unsporting manner, or who are offensive by action or language, or who are found to be in violation of honest effort, shall be warned ((and/)) or disqualified by the referee from the event and from the remainder of the meet (Rule 3-4.2d).

Reason: Amend to include the reinstated rule for honest effort.

Item 27 – Amend Rule 4-3.7a as follows:

**Protests** relating to matters that develop during the conduct of the meet including XC should be made at once and not later than ((30)) **15 minutes after the results** have been announced or posted

Item 29 – Amend Rule 4-3.9 as follows:

**Within 72 hours** after the last event of a meet, or before the subsequent round, results can be corrected without the need for formal protest if administrative errors are detected (**such as incorrect calculation of team, individual or combined-event scores, timing, placing or other errors based on factual evidence**). A correctable error shall include a coach's request to review the order of finish.

Item 31 – **Add New Rule 4-4.2 as follows and renumber :Events indoor and outdoor Championships**

**The games committee shall schedule additional events in a manner most appropriate for weather and facility considerations.**

Note 1: Changes from this order can be made by the games committee or by mutual agreement of the competing teams before the competition begins, but not as a reason to accommodate competitors in multiple events.

Note 2: Due to variances in facilities and events in Indoor Track, the games committee shall make decisions concerning scheduling.

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Mixed Gender

ARTICLE 9. **Mixed gender competition is permitted in any field event.**

**Mixed gender competition is permitted in any Combined Event.**

**Mixed gender is not permitted in any running event except the 10,000 Meters.**

**Additional informations, Mixed Gender, is currently a restriction in the Qualifying Regulations.**

Item 34 – Amend Rule 4-4.2 as follows:

. Field events shall be scheduled so that:

- a. They shall be completed before the last track event finishes; and
- b. They permit concurrent combined-events participation

Item 36 – Amend Rule 5-1.2 as follows:

. For Manual Timing, the pistol

shall be not less than .32-caliber, together with a simultaneous flash/smoke generated by the pistol or an electronic flash/strobe, clearly visible to the timers. A .22-caliber pistol may be used for Fully Automatic Timing and for indoor events. A misfire shall not be a start.

Item 42 – Amend Rule 5-5.2a as follows:

Flagrantly, impedes another runner;

Reason: Just impeding in any manner is not a violation. Current international rule uses 'deliberately'. There should be something other than an inadvertent action.

Item 44 – Amend Rule 5-5.2b as follows:

In a race run on a curve, steps on or over the lane line to the left with two consecutive steps of ((the left foot)) either both feet or a single foot;

Item 45 – Amend Rule 5-5.3 as follows:

The referee, after consulting with the appropriate officials, shall disqualify a competitor who:

- a. Flagrantly jostles, cuts across or obstructs another competitor so as to impede the other runner's progress. Direct contact is not necessary; any action that causes another runner to break stride or lose momentum is grounds for disqualification;
- b. Flagrantly veers to the right or to the left so as to impede a challenging runner or forces the challenging runner to run a greater distance;

- c. Voluntarily leaves the track or abandons the race, then returns later to continue the race;
- d. Tries to force a way between two leading runners and makes direct contact so as to impede the progress of either;
- e. Steps on or over the curb with two consecutive steps of ((the left foot)) either both feet or a single foot;

Item 47 – Amend Rule 5-6 as follows:

The referee, after consulting with the appropriate officials, shall disqualify a competitor who:

- a. Advances or trails a leg or foot outside the hurdle width and below the top horizontal plane or the plane extended of the hurdle;
- b. ((Runs around or under a hurdle;)) Does not hurdle each hurdle within the competitor's lane;
- c. ((Runs over a hurdle not in the hurdler's lane; or)) Deliberately knocks down any hurdle; or
- d. Knocks down any hurdle by hand.

Item 48 – Amend Rule 5-7 as follows: Same for Steeplechase

((d.)) Does not go over or through the water.

Item 51 – Amend Rule 5-8.6 as follows: Passing Baton

Incoming and outgoing competitors, after exchanging the baton, must remain in their lanes or established paths until the course is clear in order to avoid contact with the other competitors. When interference is no longer possible, incoming and outgoing runners should move to the inside.

Item 52 – Amend Rule 5-9g as follows: Relay Violation revised definition

After passing the baton, a runner veers out of the passing lanes or from a straight course and flagrantly impedes an opposing runner.

Reason: Provide greater clarity as to what is a violation at the exchange of a baton. **There must be intent.**

Item 55 – Amend Rule 5-10.5 as follows:

In the event of a **tie for the last qualifying position based on place for a subsequent race, the number of advancers based on time is shall be reduced.** If there are no advancers by time, advancement for the last qualifier shall be as if those tied were advancing by time. In the event of a tie for the last qualifying ((place)) position based on time for a subsequent race, after applying Rule 5-12.2d, and assuming positions on the track are available, all tying runners shall qualify. If enough positions are not available, the advancer shall be determined by a runoff or drawn by lot, based on a decision before the meet by the games committee. A runoff is not subject to Rule 4-2.2.

Item 60 – Amend Rule 6-1.9 as follows:

... **Once a competition has begun, except as scheduled, competitors are not allowed to use for practice** purposes the runway, ring, ((or)) takeoff area, or throwing implements associated with competition ((, except as scheduled)). Reason: Provide clarity regarding the procedure for warm-up, eliminating the possibility of using equipment within the competition area except for actual competition.

Item 62 – Delete Rules 6-8.2, 6-9.2, 6-10.2 and 6-11.2. Amend Rule 6-1.8 as follows:

((TAPING AIDS/GLOVES

Restrictions and allowed items are detailed in sections pertaining to the Pole Vault (Rule 6-6.4), Shot Put (Rule 6-8.2), Discus Throw (Rule 6-9.2), Javelin Throw (Rule 6-10.2), and Hammer Throw and Weight Throw (Rule 6-11.2).))

**THROWING AIDS** Moved and consolidated

a. For the purposes of this rule, the following shall **be considered assistance**, and therefore not allowed:

1) The use of gloves except in the Hammer Throw and the Weight Throw. For these two events, the gloves shall be smooth on the back and on the front and the tips of the glove fingers, other than the thumb, shall be open. An additional layer of leather may be affixed to the palm of the glove for additional protection.

2) The taping of two or more fingers together. If taping is used on the hands and fingers, it may be continuous provided that as a result no two or more fingers are taped together in such a way that the fingers cannot move individually. The taping must be shown to the head event judge before the event starts.

3) The spraying or spreading by a competitor of any substance onto the throwing surface of the circle or onto the bottom of their shoes, except for water as a cleaning agent, nor the roughening of the surface of the circle.

b. For the purposes of this rule, the following shall **not be considered assistance**, and therefore allowed:

1) The use, in order to obtain a better grip, of a suitable substance on the hands only or in the case of the Hammer Throw and Weight Throw, on the gloves. Such substances may be used on the neck in the Shot Put.

2) The use of chalk or a similar substance applied directly on the implement. Any such substances shall be easily removable using a wet cloth and shall not leave any residue.

3) The use of taping on the hands and fingers that is not in contravention of section a.(2) of this Rule.

Reason: **Make all taping allowances and restrictions the same across all rule books** and have consistency in all cases where competitions involving NCAA competitors may occur. Wound protection and support belts are already allowed in Rule 4-3.6b(5).

Item 63 – Amend Rule 6-1.14a all field events as follows:

Performances **((that result in a pass or a foul shall be recorded as: P=Pass, F=Foul))** on a scorecard shall be a distance or an 'O' for a successful trial, an 'X' for any type of foul / failure or a dash (-) to indicate a pass.



Item 64 – Amend Rule 6-2 as follows and renumber:

**The procedure and criteria for conducting field events** shall be used for all competition unless extraordinary circumstances exist, normally not controllable, which require alteration by the games committee:

ARTICLE 1. The games committee shall use the following methods in order to administer field events:

- a. Reduce the number of competitors in the preliminary rounds through the use of a separate qualifying competition.
- b. Achieve the number of competitors advancing to the final rounds through flights of preliminary rounds.

ARTICLE 2. Field event competitors who first report to the event, or flight if checked-in by flight, after the first competitive attempt has been made in the event / flight, shall not be allowed to compete in the event.

ARTICLE 3. When a competitor who has earned advancement to subsequent rounds is unable to compete, another competitor shall not advance.

Item 68 – Amend Rule 6-4.3 starting at the fourth paragraph as follows:  
(version 1)

((When there are large fields in the **High Jump or Pole Vault**, greater than 15, it is advisable for the games committee to establish continuing flights of five competitors (five-alive method) as a replacement to the normal order of competition.))

**When the number of competitors exceeds 20, the games committee shall select one of the following options:**

- a. **Utilize a qualifying competition, Rule 6.2.2, following the normal order of competition.**
- b. **Utilize two flights following the normal order of competition. The overall placing is determined by combining the results of both flights. Ties for first place shall not be broken.**
- c. **Rotating flights (five–alive method) may be used until there are 9 or fewer competitors remaining at a bar height after the conclusion of jumping at any height. For rotating flights, once a competitor has cleared or missed three attempts at a height, another athlete shall be added to that position in the continuing flight, moving down the listed order of competition until all competitors have completed attempts at each height. Therefore, jumps attempted by competitors would not be separated by more than four attempts from other competitors at any height.**

Reason: 1) Five-Alive is not used in any other part of the world. 2) The normal order of competition has now been incorporated in the rules by USATF. 3) Survey of officials indicated that most officials do not or prefer not to use this practice. 4) Many officials employ various formats of what they think "five-alive" is.. 5) Survey of coaches indicated that most were ambivalent to the use of "five-alive". 6) The rotating flight section of the rule has not been eliminated allowing those who wish to use, may do so. 7) Other than PV and HJ, no field event uses this practice. 8) Flights with and without finals are already normal practices in other events. 9) Eliminates the confusion exhibited by athletes/coaches as to the order of competition. 10) Will eliminate most interruptions of the coordinator by athletes. 11) Reduction of the significant efforts trying to train current and new HJ and PV officials. 12) Retain officials in the PV and HJ events who currently migrate to other events because of the difficulty learning "five-alive". 13) Detractors indicate that athletes will have to sit significant periods of time between attempts. Not necessarily true at beginning and end of competition. Most competing at one height will be around sixty percent at the middle heights. Amended and approved by committee in 2013.

Item 72 – Add New Rule 7-1.4 as follows and renumber:

For each method of **scoring**, each institution with a meet entry shall begin the competition with a team score of zero (0). At the conclusion of the competition, any institution that has not had a scoring competitor, shall have a team score of zero (0).

Item 78 – Amend Rule 8-2.2 as follows: **XC**

c. The **optimal width** of a championship course ((shall)) **should** not be less than 10 meters throughout.

f. The first turn of a non-championship course shall not be less than 400 meters and preferably not less than 600 meters from the start. The **optimal first turn** of a championship course ((shall)) **should** not be less than 600 meters and preferably not less than 800 meters from the start.

Item 79 – Amend Rule 8-5.2 as follows: Delete Entire Rule 8-5.2 XC  
The referee shall have the ((following additional responsibilities)) same  
responsibilities as defined in Rule 3-4:

((a. Oversee the inspection of the course, start and finish. See applicable sections of Rule 5;

b. Review and approve all final meet \_results))

Item 80 – Add New Rule 8-5.6e as follows:

An assistant starter should be placed behind the starting line near the middle of the field to initiate and/or affect a recall as required within this rule for the first 100 meters of the race.

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Item 81 – Amend Rule 8-6.3d as follows:

Ties in team scoring shall be broken by comparing in order the place finish of each of the five scoring members of the tied teams. The team with the majority of winning ((places)) comparisons shall be awarded the higher place.

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Item 83 – Add New Rule 8-6.3e as follows:

Teams that start at least five runners, but less than five runners finish the race shall be listed alphabetically at the end of the team results as did not finish.

Item 86 – Amend Rule 10-4 as follows: See original document for Indoor Changes

### **Editorial Items**

Amend Rule 6-1.4 as follows: Number of jumpers = 2 or 3

Note: The number of competitors remaining in the competition includes those who could be involved in a jump-off for first place.

Reason: There is continual disagreement regarding the inclusion of all competitors or only those actually competing at a given height. This provides guidance. The second version is the language used in both USATF and IAAF Rules Books.

Rule 6-1.5 Chart: ((competing)) in competition (b)

Amend Rule 6-1.9 as follows:

... A high jumper has a maximum of one and one-half minutes and a pole vaulter has a maximum of two minutes to warm up. Such warm-up must occur at height changes.

Note: When more than one competitor enters at the same time, each receives the allotted time. The time is not aggregated for the group.

Reason: Provide clarity regarding the procedure. This is a frequent question.

Rule 6-2.1: Field event competitors who first report to the event, or flight if checked-in by flight, after the first competitive attempt has been made in the event / flight, shall not be allowed to compete in the event.

Rule 6-4.1: Competitors, in the horizontal events, shall be arranged in flights not larger than 16 and not smaller than five. ...

Reason: Clarification that the provision of this rule does not apply to vertical events. (b)

Rule 9-2.8: An athlete failing to ((start)) attempt a start or make a trial in any event of a combined-event competition shall be considered ...

Rule 9-2.9: ... If a tie still exists between any of the competitors, the competitor with the highest number of points ... Clear it applies to all ties not just first.

## Rules Organization

The rules have been designated as either administrative rules or conduct rules. Typically, administrative rules are those dealing with preparation for the competition. The conduct rules are those that deal directly with competition. **The administrative rules are listed below. All other rules are conduct rules.**

Rule 1/Construction of Facilities – All Sections

Rule 2/Equipment – All Sections

Rule 3/Meet Personnel – All Sections

Rule 4/The Meet – All Sections

Rule 5/Track Events

Section 1, Article 3 – Starting Blocks

Section 8, Article 2 – Relay Substitution

Section 8, Article 3 – Common Relay Events

Section 10 – Running Event Procedure and Qualifying

Section 11 – Formation of Heats/Assignment of Lanes

Section 12 – Timing

Rule 6/Field Events

Section 2 – Competition Procedures

Section 3 – Alternate Procedures

Rule 7/Scoring, Records

Section 2, Articles 2, 3, 4, 5, 6, 7 – Records

Rule 8/Cross Country

Section 1 – General Statement

Section 2 – The Course

Section 3 – The Start

Section 4 – The Finish

Section 5 – Officials and their Duties

Rule 9/Combined Events

Section 1 – Order of Events

Section 2, Articles 1, 3, 4, 5, 6, 7 – Officials and Administration

Section 3 – Time Schedule

Rule 10/Indoor Track and Field

Section 1 – General Statement

Section 2 – The Indoor Facility

Section 3 – The Competition

Section 4 – Running Event Procedure and Qualifying

Section 5 – Formation of Heats/Assignment of Lanes

## Points of Emphasis

**Follow the Rules as Written.** NCAA member institutions are required to conduct their contests according to the rules. Violations are subject to NCAA enforcement procedures. The rules are intended to provide direction and be as concise as possible. They are not meant to be comprehensive or cover all situations. Rules may not be altered, unless flexibility is indicated in a rule. A rule that provides a recommendation or indicates that a provision should be followed is one where the Rules Committee believes that the provisions of the rule are expected to be followed except where extraordinary, normally noncontrollable, circumstances exist.

**The Competition.** The description of a competition, Rule 4-4, has been reorganized and expanded to include the events of a track and field competition and the prescribed order in which they are to be contested. The revised rule also includes restrictions regarding variations to the schedule, time intervals between events and allowable participation within an event.

**Throwing Aids.** Acceptable and non-acceptable aids for use in throwing events are now consolidated in Rule 6-1.8.



**Extracted from Track and Field Rules Changes - 2015**

**By on November 21, 2014  
track & field/cross country**

<http://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2015/>

4-3-3, 9-6-3: The prohibition of wearing jewelry has been removed from the rules for track and field and cross country competition. As in previous years, the wearing of a medical alert with the alert visible continues and is encouraged for purposes of risk minimization.

**Field**

6-2-9, 6-4-9a, 6-5-9a, 6-6-11h, 7-2-11, 7-4-14d, 7-5-29e, 7-6-13f: Clarifies that a competitor shall be charged with a foul if he/she does not initiate a trial within one minute after the competitor's name has been called.

6-2-17 NOTE, 6-6-9, 7-2-17NOTE 1: Establishes the procedure to follow should a legal implement break during an attempt and a replacement trial awarded or at the completion of an attempt with the result recorded and no replacement trial.

6-4-9f, 6-5-9g, 6-6-11g: It is no longer a foul if the competitor is not under control before legally exiting the competition area after the implement has landed.

6-4-9g, 6-5-9h, 6-6-11f: The event judge no longer calls “Mark” when an implement has landed and there has been no foul by the competitor.

7-2-11: A crossbar displaced by a force disassociated with the competitor after he/she is legally and clearly over the crossbar shall not be a fault.

Rationale: Addresses possible influence of an outside force on the crossbar on an otherwise successful attempt.

8-1-1, 2: An option is available to conduct the boys decathlon and the pentathlon running the 1600- or 1500-meter run. With no action, the 1600-meter run shall be the standard event distance to be included.

Rationale: When using the IAAF standard scoring, the 1500-meter run is the standard distance. Either distance should be accepted as both can be scored.

8-2-1f New: The indoor weight throw may be included in the order of events for indoor meets.

Rationale: Presently, the shot put is the only event for throwers at indoor meets.

7-2-12: Clarifies competitor with best mark in preliminaries goes last in the finals, including after excused competitors have completed their trials.